

Avi Course Equipment:

Personal Equipment

- Clothing for activities and standing in cold/hot and sunny/windy/snowy weather (no cotton)
- long underwear
- insulating layers
- outer layer (wind/waterproof)
- warm gloves, mitts, headband, and hat
- Goggles and sunglasses
- Small personal first aid kit (sunscreen/lip-balm, moleskin, Band-Aids, medication, etc.)
- Water Bottle with hot water
- Pack

Skiing Equipment

- Boots (touring boots recommended)
- Skis with touring bindings and skins (please adjust bindings to boots and skins to skis before the course). Randonee or free-heel gear is fine. Alpine Trekkers are fine for a day outing. Skins are needed unless you have snowshoes. The instructor will not have spares.
- Poles

Snowboarding/Snowshoeing Equipment

- Split Board with touring bindings and skins (please adjust bindings to boots and skins to board before the course). Students arriving at the course with snowboarding equipment, split boards are recommended (but not required), as compared to traveling with snowshoes.
- Boots
- Collapsible poles

OR

- Snowboard (with means of attachment to pack-please have a system worked out before you come on the course).
- Boots
- Collapsible poles
- Snowshoes (adjusted to boots, please test thoroughly before the course) Snowshoes are not recommended for courses where deep new snow conditions or steep terrain will likely be experienced. Please contact the course provider if you have questions.

Safety Equipment (OPTIONAL)

- Avalanche probe
- Collapsible snow shovel
- Avalanche transceiver (457 kHz frequency only. Digital or analogue 3 antenna mandatory)
- Cell phone or two-way radio

Other

- Lift pass or discount card for local ski areas (This may be included in the cost of the course, depending upon availability).
- Pack (large enough for all equipment on day ski-tours)